

What Can I do To Help Me Learn Something New...

Study????? What is That!!!!!!

When you want to make sure that you understand new information...you STUDY! So, what is studying and how do you do it? Studying is when you dedicate time and effort to learning new material. If you do not study you will not be able to recall important information. There are lots of important tips to help you study and even some ways to make studying fun!

Studying Tips

- You should study everyday! Don't wait until the day before a quiz/test/project to begin studying!
- When you are going to study make sure you are in a quiet place with NO DISTRACTIONS!
- When you have a question...Ask for help! You can ask a parent, call a friend or ask Miss Horvath! I am here to help you; you can ask me at school, write me a note or send me an email.
- Take small breaks when you feel stressed. By *breaks* I mean: do some stretches at your seat, take deep breaths, (remember in through your nose and out through your mouth, SLOWLY) or close your eyes for a few moments and refocus.

Cool Ways to Study

- Teach the information to someone else! This is a great way to be sure you know the material. Teach your parents, your siblings, your pets, or your toys! (These will be the best students since they won't interrupt you! ☺)
- Make a memory game or Go Fish game with vocabulary, important places or events.
- Have a parent or friend ask you questions and see if you can answer them. Remember the more details you recall the better!
- USE YOUR JOURNALS AS A CONSTANT STUDY GUIDE! The reasons we make these is to keep all of the information in one place, to add information that is not in textbooks and so that you can begin studying at the beginning of a unit and continue studying throughout the unit.
- Make a PowerPoint and perform the presentation over and over...(make sure your information is correct)
- Quiz your parents!!!! Pretend you are the host on a game show and ask them the questions...the catch is YOU have to know the correct answers to decide if they are right!
- Make a Lotus or Flip Book to help you organize information.
- Ask a friend how they study; they might have a fun way you haven't tried yet. You could set up a "Study Date" and practice studying together.
- ASK YOUR TEACHER FOR HELP!!!!!! I am here to help you learn and become a better student, if you need my help ask me and I will work with you!

If you have any questions or if you want more suggestions on how to study...COME SEE ME. I want you all to be the successful students I know you are capable of being.

~Miss Horvath